

THE 8TH THOUSAND ARMED CHENREZIG NYUNGNE RETREAT (ONLINE)

25 - 27 SEPTEMBER 2021



ORGANISED BY DRIGAR THUBTEN DARGYE LING

25 Sep (Saturday) Singapore time GMT +8

7:30 am - 9:30 am	1 st session
9:30 am - 10:00 am	Break
10:00 am - 12:00 pm	2 nd Session
12:00 pm - 1:30 pm	Lunch and Break
1:30 pm - 3:30 pm	3 rd Session
3:30 pm - 4:00 pm	Break
4:00 pm - 6:00 pm	4 th Session
6:00 pm - 6:45 pm	Break
6:45 pm - 8:00 pm	5 th Session
8:00 pm - 8:15 pm	Break
8:15 pm - 9:45 pm	6 th Session

26 Sep (Sunday) Singapore time GMT +8

6:00 am - 7:30 am	1 st Session
7:30 am - 8:00 am	Break
8:00 am - 9:45 am	2 nd Session
9:45 am - 10:15 am	Break
10:15 am - 12:00 pm	3 rd Session
12:00 pm - 1:00 pm	Break
1:00 pm - 2:45 pm	4 th Session
2:45 pm - 3:15 pm	Break
3:15 pm - 5:15 pm	5 th Session
5:15 pm - 5:45 pm	Break
5:45 pm - 7:15 pm	6 th Session
7:15 pm - 7:30 pm	Break
7:30 pm - 9:00 pm	7 th Session

27 Sep (Monday) Singapore time GMT +8

5:00 am - 6:00 am	1 st Session
6:00 am - 7:00 am	Breakfast
7:00 am - 8:30 am	2 nd Session (End)